



# Spring Baseball / Softball / T-Ball 2019

Schedule & Equipment you will need.

[www.PSPSportsAndMore.com](http://www.PSPSportsAndMore.com)

[contact@pspsportsandmore.com](mailto:contact@pspsportsandmore.com)

## Reg./Orientation

12:45 pm

Practice

1:45 – 3:45 pm

**March 1<sup>st</sup>**

**Friday**

Practice

1:45 – 3:45 pm

**March 8<sup>th</sup>**

**Friday**

Practice

1:45 – 3:45 pm

**March 15<sup>th</sup>**

**Friday**

Practice

1:45 – 3:45 pm

**March 22<sup>nd</sup>**

**Friday**

Game Day

1:45 – 3:45 pm

**March 29<sup>th</sup>**

**Friday**

Game Day

1:45 – 3:45 pm

**April 5<sup>th</sup>**

**Friday**

Game Day

1:45 – 3:45 pm

**April 12<sup>th</sup>**

**Friday**



## 1. Glove

T-ball players use a T-ball glove; Softball players use a softball glove; Baseball use a baseball glove. All players must have a glove!



## 2. Cleats

Cleats are optional, but highly recommended especially for teens and adults. We have a variety of sizes to rent, \$2/season. If you decide to buy cleats, make sure the cleats **do not** have metal spikes on the bottom!



## 3. Ball

Each player will need a ball. If you do not have one, here are the recommend sizes: boys & girls, ages 2-7 need a T-ball; girls, age 8-12 need an 11" softball, girls, age 13 - adult need a 12" softball; boys, age 8 - adult need a hard baseball.



## 4. Water

Each player will need plenty of water. So make sure you bring it to each practice, 32 oz or bigger!



## 5. T-Shirts / Shorts / Sweats / Baseball Pants

Every player needs a *PSP Sports And More* t-shirt and *PSP Sports And More* hats are optional. We have a variety of baseball pant sizes to rent, \$2/season. Do not wear any kind of jeans; black baseball pants or sweatpants are recommended. Wear loose-fitting clothing. Shorts must be below the knee. All clothing must be modest (see dress code)!



## 6. Softball, Baseball, or T-ball Bat

Bats are optional. If interested in what size to buy, please ask.



## 7. Safety Equipment

All batters **MUST** wear batting helmets. Purchase is optional, but if you do not want your child to share with other children, then you need to provide your own. All boys/men (age 8 - adult) **MUST** wear hard cups.

## 8. Softball, Baseball & T-ball is for the whole family - adults & kids

\$70.00 per player- 4 years thru adult; 2 & 3 year olds are ½ price. Pre-reg. by 2/27/19 & save \$10 per player (2-3 yr olds are ½ price). Parents/Grandparents are free. The first practice is Friday, March 1st at 12:45 pm, Apple Valley Community Center, 13467 Navajo Road, Apple Valley (meet in back parking lot off of Ottawa Road, by Little League fields).

**PSP SPORTS AND MORE (760) 515-2572**